

## HEART AND SOUL

all the years come and go  
all the towns the folks i know  
no suprise as i recall  
close my eyes and see them all

a far-off beach (thru) dahlke's door  
i always reach for something more  
before i leave it all behind  
better yet a gem to find

cho:  
and i'm in  
(heart n' soul)  
yes i am  
(heart and soul)  
for the good times  
(heart and soul)  
and the bad  
(heart and soul)  
with my mind  
in control  
i am (in it heart and soul)

i've heard said it's meant to be  
that one never worked for me  
grab the joy soothe the pain  
i know they'll both be back to reign

some will run some will wait  
til your gone it's not too late  
if that's the key then it's been found  
that's how it is and there's no way around

cho:

br 1: every day now  
along the way now  
on my mirrored road  
no place to hide no, i sure have tried though  
i'm sure it showed

br 2: every day now  
along the way now

all i'm truly owed  
is the truth of - what's at the root of  
each seed sowed

asked the man across from me  
just lost his wife at 103  
held my hand said "i won't lie....  
just go live your life...until you die"  
and with that shiny bit of gold  
i'll do what i've been told  
and with my mind in control  
i'm in it heart and soul